

Low Vision Program

Occupational Therapy

Prodigy Medical

TREATMENTS

- Recommend halogen or “white” lighting
- Low Vision Aids/Assistive Devices
 - Magnifiers
 - Magnifying Glass
 - Hand-Held
 - Free Standing
 - CCTV (Closed Circuit TV)
 - Hi-Tech LED Handheld Magnifier
 - ZOOM Text on Computer
 - Talking Products
 - Clocks
 - Phones
 - Med Reminders
 - Thermometers
 - BP Monitors
 - Large Button Devices
 - Telephone
 - Remote Controls
- Home Safety
 - Glow/Reflective Tape
 - Lifeline Alerts
 - Money Markers to ID Currency
 - Safety Guards on Knives
 - Clutter-Free Household
 - Large-Print Emergency Numbers



Low Vision Evaluative Process

- **Formal Testing**
 - Snellen Eye Chart
 - Amsler Grid (Central Vision Testing)
- **Non-Formal Testing**
 - Head, Neck, & Eye ROM
 - Depth Perception
 - “Clock” Assessment – to determine where scotomas are located
 - Color Discrimination
 - Figure/Ground
 - Saccades
 - Contrast Sensitivity
 - Scotomas
 - Blurriness
 - Light Sensitivity
 - Floaters
 - Diplopia (Double Vision)
 - Nystagmus (shaking eye movements)
 - Cloudy Cornea
 - Strabismus (Misalignment of eyes)
- **Assess specific low vision needs**
 - LV with ADL’s
 - LV with reading
 - LV with household management
 - LV with emergency response
 - LV with kitchen management
 - LV with bill paying and check writing
 - LV with leisure performance

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Visual Rehabilitation

- Visual Skills Training
 - Teaches patient to use the most functional part of his/her vision by identifying blind spots and training to move eyes away from blind spots.
 - Compensatory Scanning
 - Saccades
 - Hand-Eye Coordination Exercises
 - Eccentric Viewing w/Peripheral Vision
- Recommend/Train in use of Low Vision Devices
 - Optical Devices
 - Magnifiers
 - CCTV
 - Non-Optical Low Vision Aides
 - Lamps/Lighting
 - Decrease Glare
 - Adaptive Devices
 - Large Button Remotes
 - Money Markers
 - Check Template Guides
- Adaptive & Compensatory ADL techniques
 - Large Print Labels
 - Large Print Books/Talking Books
 - Talking Products
 - Color-coded keys
 - Contrast-color light switch plates
 - Alphabetize canned foods
 - Mark oven dial on frequently used temps

Last But Not Least

- On discharge visit educate on:
 - Community Services
 - Lighthouse International
 - 800-586-5600
 - County Division of Blind Services – 561-342-1828
 - Social Services
 - *211 on telephone
 - Elder Help Line 800-223-7808
 - Financial Assistance
 - Seniors EyeCare Program
 - 800-222-EYES
 - Glaucoma EyeCare Program
 - 800-391-EYES
 - Vision USA (low income)
 - 800-776-4466
 - Lions Club International
 - 800-766-4466
 - Knights Templar Eye Foundation
 - 847-490-3838
- Food Assistance
 - Meals On Wheels 561-355-4757
 - Caring Kitchen 561-278-0918
 - Red Cross 561-833-7711
 - Salvation Army 561-686-3530
- Transportation Services
 - Friends Assisting Seniors 561-967-5859
 - Palm Tran 561-233-0010
 - Paramedics NON-Emergency 800-874-7245
 - 24-Hr Ambulance 561-930-3300

